

Contact: Mrs Clay
Email: zclay@cramlingtonlv.co.uk

04 Sept 2015

Dear Parent/Carer

Re: Health Related Behaviour Surveys

Our school has agreed to participate in a very important Health Behaviour Survey this will support the work of Public Health and Children's Services within the Local Authority and we stand to benefit substantially through our participation in the survey.

The survey data in schools may prompt review of the curriculum including:

- As a starting point for discussion in classroom activities
- As a guide in the choice of resources
- As a prompt for appropriate timing of courses
- As a beginning for further enquiry to strengthen existing programmes e.g. in PE
- As a starting point for discussions between parents and schools

Participating in the work and using the results will help us ensure we continue to provide a health promoting environment for all young people.

The survey method being used has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 30 years. Over 3000 schools have used the survey, many of them regularly repeating the survey.

The questions concern a wide range of health behaviours, for example:

- Emotional health and well-being
- Healthy eating and exercise
- Relationships & sexual health
- Tobacco, alcohol and drugs

Both the Local Authority and the school find the content of the questionnaire acceptable and it has been customised to suit our local setting.

Each questionnaire is anonymous and confidential and no pupil will be identified when the data is returned to our school.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. I will assume you approve unless I hear otherwise and I look forward to working with you in planning improved health promotion for our pupils. We hold a copy of the questionnaire in main reception and there is also a copy on line should you wish to look at it. If you would like further information do not hesitate to contact myself or your child's Learning Manager.

As part of the survey it will be helpful if your son/daughter knows their postcode (this will be used only for drawing maps of results in the area; your house will not be identified).

The survey will be carried out during the next 4 weeks.

Yours sincerely

Zoe Clay
PSHE Coordinator